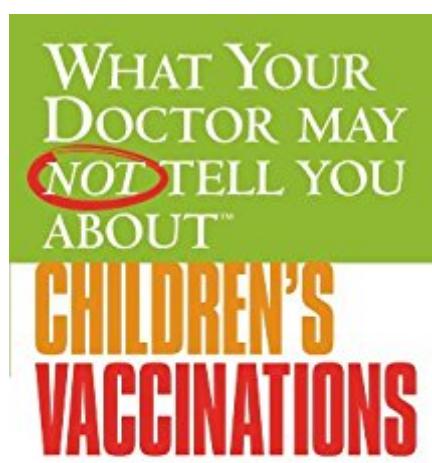


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What Your Doctor May Not Tell You About(TM) Children's Vaccinations (What Your Doctor May Not Tell You About...)



STEPHANIE CAVE, M.D., F.A.A.F.P.
with DEBORAH MITCHELL

"A must-read...important resource....Dr. Cave's tips on
reducing vaccine risks will save lives."
—Barbara Loe Fisher, cofounder and president,
National Vaccine Information Center



Synopsis

This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

Book Information

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Customer Reviews

A great book that outlines the controversy with vaccines as well as the risks. It includes references and is highly informative. My family doctor actually sells copies of this book at his practice too, so if he thinks that highly of the book I definitely wanted to read it and check it out too. After reading it I concur that every person should read this book no matter what your side on the issue. It's important to be informed, so you can make an informed decision for you and your child.

This is the single most important book I've ever read for my children. It is slam packed with need to know information. I buy this book and give it out to every baby shower I go too. A must read. Life changing information that most people don't know. It's written by a doctor.

This book was incredibly helpful in reading through the various vaccines. Even though it is about 10 years old now, the information is still timely for the most part. My husband and I don't have kids yet and haven't quite settled on which vaccines our kids will and won't get, but they will be few. I thought Dr. Cave's explanations were concise and ordered, and easy to follow. I believe this is a book I can keep on my shelf as a reference, and I would readily lend it out to friends. If you are reading this review, then you are likely at least taking a second look at vaccines. Please read the book and do your research before letting your child one receive more shot. Also, do NOT default to your doctor. Hear what your Dr. has to say and get a second opinion on your own. There are too many doctors who have their hands tied by insurance and the CDC that they will not truly speak their mind about vaccines or even TELL you that you DO have the right to refuse vaccines for your child. If you let your child get shots, you MUST be informed. Read this book to become

informed. _____ UPDATE 4 years (and 2 kids) later: We are a non vaccinating family, and plan to remain that way! As a follow-up to my initial review, I'd still recommend this book if you are JUST starting to reconsider the current vaccination schedule. If you have already read a good bit and made some decisions, this book *might not* add very much and will not get into some of the deeper issues of why someone may choose another route. The book had value for me to get me started on the overwhelming subject of vaccines. For example, we do not vaccinate partially because I am not overly concerned about the illnesses my children could get that are otherwise vaccinated against. This book aided in teaching me about those illnesses and as a result, realizing the diseases/illnesses my children would be potentially exposed to are not death threats (read: I wouldn't want my children to get polio but it's extremely unlikely they would ever be exposed to it with where we live today (ie not Africa); diphtheria used to be a deadly disease (about 20% death rate) but with today's sanitation, it is non-existent per the CDC. Etc etc.). On the other hand, another facet to our decision dealt with the idea of the benefit of childhood illnesses and exercising the immune system before adulthood to be more resilient IN adulthood, and leaving the body as God designed it. That, of course, is a personal perspective on health so I wouldn't expect that to come out in an informational book. I'd say the opinions are on the fence more than a book totally for or totally against vaccines - which is good. You need some matter-of-fact information and you as a parent need to discern the right choice for your family. If you're uneasy about vaccines as they are given today and want to start investigating the subject, reading this book is a great place to start.

This is the best resource that I've found. It contains unbiased, research based information. Basically, she goes through each vaccine and gives you the history of the disease and the vax.

There is also information on who should/shouldn't get certain vaccines and how to best prevent an adverse reaction. I was on the fence about vaxing at all before I read this book. After reading it I felt confident to selectively/delay vaccinate my baby. Ultimately it is your choice, but it helps to have some solid information to help make your decision.

As a parent of small children, the amount of information about vaccines (pro and con) can be overwhelming. This book provided enough information for me to ask our pediatrician educated questions and request reasonable other options / variations to "The Schedule". I have received tremendous pushback from the docs involved over the years, however I have remained firm in knowing that I am doing what I feel is in my children's best interest. I know the docs believe in the vaccines; I also know that Vioxx (and many other meds) was prescribed with scientific support & all of the medical community's best intentions and that didn't work out so well. This book won't tell you which side is right/wrong, but it provides pertinent information to make it helpful in your decision making process.

Just wanted to put my vote in the five-star column - I think this book is very valuable and should be read by anyone with children (or anyone that has a body of their own, for that matter). Dr. Cave goes into a lot of detail about the background of vaccinations and explains how they may have links to autism, auto-immune disorders and other prevalent disorders of the 20th and 21st Centuries. If nothing else you may just think twice about loading a newborn down with things his not-yet-developed immune system can handle and trying to plan it out better and/or not use formulas with mercury in them. Bravo Doctor, don't listen to the critics of your well-written book, they probably work for Eli Lilly.

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